

# Theory of Change



FOUNDATION FOR  
**COMMUNITY  
HEALTH**

**Our theory of change describes how we plan to pursue our mission and vision and make an impact on the communities we serve through various strategies.**

**Mission:** We work together with people and organizations to improve the health and well-being of residents in our community, especially those that have historically been under-resourced.

**Vision:** All aspects of our community support the conditions required for health, well-being, and equity.

## STRENGTHEN ORGANIZATIONS

## IMPROVE COMMUNITY ASSETS

## SUPPORT LOCAL DECISION-MAKING

### STRATEGIES

- Build resiliency and effectiveness of nonprofit organizations
- Support nonprofit organizational health
- Create opportunities for leadership development
- Seed pilot initiatives of bidirectional collaborative efforts

- Leverage existing community assets, such as schools and libraries, to advance health access and well-being
- Invest in local infrastructure needs related to broadband, food, and housing
- Support school-based oral health and rural transportation operational resiliency and effectiveness

- Strengthen engagement between decision-makers and those most impacted by policy decisions
- Make community health needs information accessible and actionable for local decision-makers
- Support planning, pilot, and demonstration projects of our municipalities that are participatory and consider the social determinants of health

### MID-TERM OUTCOMES

- Nonprofits are better able to anticipate, prepare for, respond and adapt to incremental or sudden changes
- More networks, coalitions and collaborative efforts further their engagement efforts

- Fewer barriers to health exist, a result of more school-based health centers, a new health center in North Canaan, and increased effectiveness of our rural transportation operators and school-based oral health providers
- Our community's infrastructure bolsters the local economy while supporting food access, job security, and the affordability of housing

- Community health information is used more frequently to guide local decision-making
- Our community is better off in ways community members define for themselves

### LONG-TERM OUTCOMES

- Our community is served by stronger, more effective and resilient organizations
- Collaboration between and amongst organizations improves the delivery of services to our community

- More aspects of our community work to improve the conditions required for health, well-being, and equity

- Local decisions increasingly consider the effects on community health and are improved through the direct input from community members