

Northwest Connecticut Substance Abuse and Mental Health Resource Guide

Compiled by the Litchfield County Opiate Task Force

Created August 2016

* The Litchfield County Opiate Task Force strives to keep this list as accurate as possible. However, for the most up to date information, we recommend contacting the agency directly. For additions or corrections to this list, please email john@authenticrecovery.org.

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Addiction Organizations - Alphabetical

Name & Information	Address	Town	Contact
<p>American Addiction Centers: Garrett Deuterman: Treatment Consultant. Works with people and facilities to coordinate entry into 12 out-of-state American Addiction Center facilities and then finds recovery follow-up within CT.</p> <p>Works with private health insurance as an out of network provider.</p>			860-670-9620
<p>Authentic Recovery, LLC: Private Practice Group: Individual counseling & med management if receiving counseling services.</p> <p><i>Insurance: HUSKY, Anthem, & HealthyCT.</i></p>	<p>100 Migeon Ave</p> <p>1 Carriage Place</p>	<p>Torrington</p> <p>Waterbury</p>	860-805-2267
<p>CT Addiction Medicine: Out-Patient Opioid Dependence Treatment. Suboxone & Vivitrol Provider. <i>Insurance: Aetna, Anthem, BC/BS, Cigna, Connecticare, Medicaid (HUSKY), Medicare, United HC, Oxford, Value Options, Magellan HC</i></p>	<p>546 Cromwell Ave, Suite 101</p> <p>330 Main Street</p>	<p>Rocky Hill</p> <p>Hartford</p>	860-757-3874 860-969-1101
<p>Charlotte Hungerford Hospital <u>Opioid Addiction Services:</u> Delia Caruso is the community case manager that works to connect those seeking treatment with available resources. She can do individual assessments in the community and follow-up through detox, etc, as on-going case management.</p> <p>CHH: The Adult Co-occurring Intensive Outpatient Program at Charlotte Hungerford Hospital's substance abuse treatment center provides a confidential, highly structured, intensive intermediate level of care between inpatient and outpatient substance abuse treatment programs for adults.</p> <p><i>Insurance: Medicare, & Husky (Medicaid) accepted</i></p>	54 Litchfield St	Torrington	860-459-9726
<p>Charlotte Hungerford Hosp.– <u>Dual Diagnosis Adolescent Outpatient Program</u></p> <p>Intensive, highly structured, coordinates with schools etc.</p>	54 Litchfield St	Torrington	860-496-6380

<p>CNVRAC (Central Naugatuck Valley Regional Action Council): Regional Action Councils are contracted to do prevention program and planning under their Department of Mental Health & Addiction Services contracts. Working with the 12 other Regional Action Councils, service the needs of our communities through education, mobilization, awareness raising and advocacy efforts.</p>	22 Chase River Rd	Waterbury	203-578-4044
<p>Community Mental Health Affiliates (CMHA): Intensive Outpatient Program & other behavioral health services. Most services provided in New Britain but child, family, and parenting programs are offered in their Torrington and Waterbury offices. <i>Insurance: Self Payment, Private Health Insurance, Medicaid (HUSKY)</i></p>	55 Winthrop Street 36 Sheffield Street 100 Commercial Blvd	New Britain Waterbury Torrington	860-224-8192 203-596-9724 860-482-8561
<p>Connecticut Counseling Centers: The Outpatient Treatment Programs are licensed to treat individuals over the age of sixteen wishing to receive substance abuse evaluations, referrals, urine testing and outpatient counseling. The OPT Program specializes in the treatment of all substance abuse problems, including alcohol, pills, crack and cocaine utilizing individual, couples, family and group counseling. These services include: <u>Methadone maintenance programs</u>, medical & psychiatric services, Dual Diagnosis programs and other services. <i>Insurance: Husky A, C, D. Some private insurance.</i></p>	60 Beaver Brook Rd 20 North Main St 4 Midland Rd	Danbury Norwalk Waterbury	203-743-7574 203-838-6508 203-755-8874
<p>The Connection: Provides mental health & substance abuse counseling in different region 2 towns. Residential programs, mostly in New Haven area. <i>Insurance: Medicaid, Medicare, Husky, & most private insurances</i></p>		Middletown	855-435-7955 860-343-5500
<p>Connecticut Community for Addiction Recovery: CCAR "is a centralized resource in CT for all things recovery. Whether contemplating a life in recovery, are new to recovery or are in long term recovery, CCAR helps you to navigate the recovery community, by connecting you with others in recovery and providing access and information about area support services."</p>	198 Wethersfield Ave	Hartford	860-244-2227

The CT Region of Narcotics Anonymous	P.O. Box 1817 Meriden, CT 06450		800-627-3543
Cornell Scott Hill Health Center: A comprehensive array of treatment options are available for individuals seeking help for substance abuse issues including both outpatient and inpatient options. Services provided at our various locations include inpatient detox, ambulatory detox, methadone maintenance, Twelve-step education (AA and NA meetings) and individual and group therapy. <i>Insurance: Medicaid & Most private insurance.</i>	Multiple Locations	New Haven	203-503-3300
Danbury Hospital: Dual diagnosis out-patient program. <i>Insurance: Medicaid, Medicare, most private insurance</i>	152 West St	Danbury	203-739-5150
Drug Abuse Information & Referrals: (Federal SA & Mental Health Admin.)			1-800-662-4357
Farrell Treatment Center: Partial Hospitalization / Day Treatment, Residential Long-Term Treatment, and Outpatient Serves individuals with Mental and Substance Abuse Disorders. <i>Insurance: residential programs: HUSKY D. Outpatient: HUSKY A&D</i>	586 Main Street	New Britain	860-225-4641
Greenwoods Counseling: Clinical assessments & referrals for individuals & families suffering from depression, anxiety, family conflict, relationship problems, trauma, bereavement, children's behavioral problems, parenting, substance use and abuse, and many other areas.	25 South St	Litchfield	860-567-4437
Hartford Dispensary: The facility provides methadone maintenance services to the public. Torrington Health & Recovery Center provides outpatient care. Multiple Locations throughout CT. <i>Insurance: Medicaid, private insurance, and access to recovery vouchers are accepted. Sliding scale.</i>		Bristol Hartford Manchester New Britain New London Norwich Willimantic Torrington	1-800-891-9360

<p>Central Naugatuck Valley HELP INC: Rev. Edward M. Dempsey Drug Services. Out-patient program consists of individual, group, and family counseling for people with co-occurring disorders. Individual, group and family counseling. Residential treatment programs. <i>Insurance: Husky D</i></p>	900 Watertown Rd	Waterbury	203-756-8984
<p>Highwatch: Inpatient. Focus is on treating substance abuse, its neurobiology and any co-occurring disorders such as depression, anxiety etc. (dual diagnosis). Transition support. Family education. <i>Insurance: essentially self-pay but will help with out-of-network reimbursement.</i></p>	62 Carter Rd	Kent	860-927-3772
<p>Intercommunity: Inpatient, outpatient, recovery services. Two levels of outpatient programs. <i>Insurance: Medicaid (HUSKY), Medicare, Private Insurance.</i></p>	16 Coventry St	Hartford	860-714-3704
<p>Key Recovery: Provides structured sober living for men and women in early recovery from drugs and/or alcohol addiction. <i>Insurance: Husky D</i></p>	33 Prospect St	Torrington	860-480-6044 http://www.keyrecoveryhomes.com
<p>MCCA: MCCA offers outpatient treatment services through individual, group, and family therapy, including an intensive program. There are programs for older adults, pregnant women, women with children, and women suffering from postpartum depression. <i>Insurance: Many managed care plans, private insurance, Medicaid (HUSKY) & help in applying for Medicaid.</i></p>		Outpatient services in: Bethel Derby New Haven New Milford Ridgefield Torrington Waterbury	203-792-4515

<p>MST-Connecticut Junior Republic: Substance Abuse & mental health assistance is provided on a daily basis through an array of residential, education, community, and home-based services in 12 locations across Connecticut. Mental health services are also provided through eight Wellness Centers.</p> <p><i>Insurance: Aetna, Anthem, Cigna, HealthyCT, Oxford, CTCare, Humana, Tricare, United Healthcare, Value Options, Medicaid (HUSKY)</i></p>	68 South Main St	Torrington	860-519-9826
<p>McCall Center for Behavioral Health: A full range of alcohol-and-other-drug prevention and treatment services that include intervention programs, intensive and traditional outpatient treatment, gender specific groups, trauma treatment, mental health and substance abuse clinical assessment, psychiatric evaluation, treatment and medication management, medication assisted treatment, anger management and intensive inpatient as well as and intermediate residential care and recovery housing. Case management, housing for homeless veterans, and senior outreach.</p> <p><i>Insurance: Husky A, C & D, Medicare, most private insurance.</i></p>	58 High St	Torrington	860-496-2100
<p>Mountainside Residential & out-patient programs utilizing traditional & new approaches to getting & staying sober. There is an emphasis on continuing care & wellness, including family healing. Group & individual counseling. 6-12 week outpatient, and recovery monitoring with a case manager. Vivitrol program. Adolescent Program.</p> <p><i>Insurance: private insurance as an Out-of-network provider.</i></p>	187 South Canaan Rd	Canaan Wilton	1-800-762-5433
<p>Recovery Network of programs: 18 different specialty programs providing various levels of individualized care for substance abuse, dual diagnosis, and homelessness. Out-patient & residential programs. Detox & methadone maintenance. HIV & Hep C counseling.</p> <p><i>Insurance: Husky A, C & D</i></p>		Bridgeport	Each program has its own #, which can be found on the website: http://www.recovery-programs.org

<p>Rushford: Prevention and Wellness Assessment, Acute Care and Evaluation (Detox), Residential Addiction Treatment, Partial Hospital Programs, Intensive Outpatient Programs, Psychiatric Evaluation, Medication Management, Individual Therapy, Group Therapy, Family Therapy, Crisis Evaluation and Stabilization, Community Support Programs for Spanish-speaking clients.</p> <p><i>Insurance: Private Insurance. Financial assistance through Hartford Healthcare's Financial Assistance Program</i></p>		<p>Cheshire Durham Glastonbury Meriden Middletown Portland</p>	<p>1-877-577-3233</p>
<p>Silver Hills Hospital: Treats co-occurring disorders in a psychiatric hospital setting. The program includes education about drug use, 12-Step meetings and relapse prevention strategies to increase the likelihood of continued abstinence.</p> <p><i>Insurance: Aetna, Blue Cross, Cigna, Conneticare, Manged Health Network, Medicare, Tricare, United Health, Value Options, (YALE ONLY: Magellan & Yale health plans)</i></p>	<p>208 Valley Rd</p>	<p>New Canaan</p>	<p>800-899-4455</p>
<p>Substance Abuse Walk-in Assessment Centers (DHMAS)</p>	<p>Torrington Office: CNV Help/Watkins Network. 21 Prospect Street</p>	<p>Multiple Offices</p>	<p>http://www.ct.gov/dmhas/cwp/view.asp?a=2902&q=577738 Torrington: 860 482-7242</p>
<p>Watkins Network (Central Naugatuck Valley Help, Inc.): Intensive Outpatient, Gender specific Outpatient substance abuse groups, Mental Health Evaluation and Medication Management (if receiving substance abuse services), Anger Management, all services come with weekly Individual Counseling. <i>Insurances: Husky A, Husky D, Husky C, United Healthcare, Oxford, United Behavioral Health, and Connecticut.</i></p>	<p>21 Prospect St</p>	<p>Torrington</p>	<p>860-482-7242</p>
<p>Wheeler Clinics: Intensive out-patient programs for substance abuse. Adults & children.</p> <p><i>Insurance: Aetna, Anthem, Cigna, Medicaid (HUSKY), Medicare, Tricare (out of network), United HC, Value Options.</i></p>		<p>Multiple Locations in Middle CT</p>	<p>1-888-793-3500</p> <p>Crisis Hotline: 860-524-1182</p>

<p>Waterbury Hospital: Services include Partial Hospitalization, Intensive Outpatient and Outpatient treatment. <i>Insurance: Medicare, Medicaid (HUSKY) and State Assistance (SAGA).</i></p>	64 Robbins Ave	Waterbury	203-573-7097
<p>Wellmore: Out-patient & residential service for children, adolescents & adults for mental health issues, including substance abuse. <i>Insurances: Medicaid (HUSKY), most managed cared & private insurances.</i></p>		<p>Child/ adolescent Waterbury</p> <p>Adult out-patient Waterbury</p> <p>Adult services Shelton</p>	<p>203-756-7287</p> <p>203-755-1143</p> <p>203 944-0366</p>
<p>Western CT Mental Health Services: (DMHAS) out-patient services available in Torrington, Danbury, Waterbury and elsewhere. Inpatient & Detox. Intensive Outpatient Program (IOP), Relapse prevention groups available (see in-patient section) Outpatient Services Include:</p> <ul style="list-style-type: none"> • Co-occurring groups • Anger management group • Continuing care and referral services • Psychiatric assessment and treatment • Individual, group and family therapy <ul style="list-style-type: none"> • Gender-specific trauma groups • Problem gambling treatment • Education and treatment for family members <p><i>Insurance: Medicaid (HUSKY), Medicare. Most Private Insurance.</i></p>		<p>Adult Out-Patient:</p> <p>Danbury New Milford Torrington</p>	<p>1-877-874-6222 860-482-2613</p> <p>For SA walk-in centers in 27 communities:</p> <p>http://www.ct.gov/dmhas/cwp/view.asp?a=2902&q=577738</p>

Addiction Organizations – By Location

Town	Name & Information	Address	Town	Contact
	American Addiction Centers: Garrett Deuterman: Treatment Consultant. Works with people and facilities to coordinate entry into 12 out-of-state American Addiction Center facilities and then finds recovery follow-up within CT. Works with private health insurance as an out of network provider.			860-670-9620
	The CT Region of Narcotics Anonymous	P.O. Box 1817 Meriden, CT 06450		800-627-3543
	Drug Abuse Information & Referrals: (Federal SA & Mental Health Admin.)			1-800-662-4357
	Substance Abuse Walk-in Assessment Centers (DHMAS)			http://www.ct.gov/dmhas/cwp/view.asp?a=2902&q=577738
Multiple Locations	Community Mental Health Affiliates (CMHA): Intensive Outpatient Program & other behavioral health services. Most services provided in New Britain but child, family, and parenting programs are offered in their Torrington and Waterbury offices. <i>Insurance: Self Payment, Private Health Insurance, Medicaid</i>	55 Winthrop St 36 Sheffield St 100 Commercial Blvd	New Britain Waterbury Torrington	860-224-8192 203-596-9724 860-482-8561
Multiple Locations	Authentic Recovery, LLC: Private Practice Group: Individual counseling & med management if receiving counseling. <i>Insurance: HUSKY, Anthem, & HealthyCT</i>	100 Migeon Ave 1 Carriage Place	Torrington Waterbury	860-805-2267
Multiple Locations	Wheeler Clinics: Intensive out-patient programs for substance abuse. Adults & children. <i>Insurance: Aetna, Anthem, Cigna, Husky, Medicaid (HUSKY), Medicare, Tricare (out of network), United HC, Value Options.</i>		Multiple Locations in Middle CT	1-888-793-3500 Crisis Hotline: 860-524-1182

Multiple Locations	<p>Western CT Mental Health Services: (DMHAS) Out-patient services available in Torrington, Danbury, Waterbury and elsewhere. In-Patient & Detox. Av, Intensive Outpatient Program (IOP), Relapse prevention groups available (see in-patient section) Outpatient Services Include: Co-occurring group, Anger management group, Continuing care and referral services, Psychiatric assessment and treatment, Individual, group and family therapy ,Gender-specific trauma groups, Problem gambling treatment, Education and treatment for family members</p> <p><i>Insurance: Medicaid (HUSKY), Medicare. Most Private Ins</i></p>		<p>Adult Out-Patient:</p> <p>Danbury New Milford Torrington</p>	<p>1-877-874-6222 860-482-2613</p> <p>For SA walk-in centers in 27 communities:</p> <p>http://www.ct.gov/dmhas/cwp/view.asp?a=2902&q=577738</p>
Multiple Locations	<p>Hartford Dispensary: The facility provides methadone maintenance services to the public. Torrington Health & Recovery Center provides outpatient care. Multiple Locations throughout CT.</p> <p><i>Insurance: Medicaid (HUSKY), private insurance, and access to recovery vouchers are accepted. Sliding scale.</i></p>		<p>Bristol Hartford Manchester New Britain New London Norwich Willimantic Torrington</p>	<p>1-800-891-9360</p>
Multiple Locations	<p>Mountainside: Residential & out-patient programs utilizing traditional & new approaches to getting & staying sober. There is an emphasis on continuing care & wellness, including family healing. Group & individual counseling. 6-12 week outpatient, and recovery monitoring with a case manager. Vivitrol program. Adolescent Program.</p> <p><i>Insurance: private insurance as an Out-of-network provider.</i></p>	<p>187 South Canaan Rd.</p>	<p>Canaan Wilton</p>	<p>1-800-762-5433</p>

Multiple Locations	<p>Rushford: Prevention and Wellness Assessment, Acute Care and Evaluation (Detox), Residential Addiction Treatment, Partial Hospital Programs, Intensive Outpatient Programs, Psychiatric Evaluation, Medication Management, Individual Therapy, Group Therapy, Family Therapy, Crisis Evaluation and Stabilization, Community Support Programs for Spanish-speaking clients.</p> <p><i>Insurance: Private Insurance. Financial assistance through Hartford Healthcare's Financial Assistance Program</i></p>		Cheshire Durham Glastonbury Meriden Middletown Portland	1-877-577-3233
Multiple Locations	<p>Wellmore: Out-patient & residential service for children, adolescents & adults for mental health issues, including substance abuse.</p> <p><i>Insurances: Medicaid (HUSKY), most managed care & private insurances.</i></p>		Child/adolescent Waterbury Adult outpatient Waterbury Adult services Shelton	203-756-7287 203-755-1143 203-944-0366
Multiple Locations	<p>Connecticut Counseling Centers: The Outpatient Treatment Programs are licensed to treat individuals over the age of sixteen wishing to receive substance abuse evaluations, referrals, urine testing and outpatient counseling. The OPT Program specializes in the treatment of all substance abuse problems, including alcohol, pills, crack and cocaine utilizing individual, couples, family and group counseling. These services include: Methadone maintenance programs in Danbury, Norwalk & Waterbury, medical & psychiatric services, Dual Diagnosis programs and other services.</p> <p><i>Insurance: Husky A, C, D. Some private insurance.</i></p>	60 Beaver Brook Rd 20 North Main St 4 Midland Rd	Danbury Norwalk Waterbury	203.743.7574 203-838-6508 203-755-8874

Multiple Locations	<p>MCCA: MCCA offers outpatient treatment services through individual, group, and family therapy, including an intensive program. There are programs for older adults, pregnant women, women with children, and women suffering from postpartum depression.</p> <p><i>Insurance: Many managed care plans, private insurance, Medicaid (HUSKY) & help in applying for Medicaid.</i></p>		<p>Outpatient services in:</p> <p>Bethel Derby New Haven New Milford Ridgefield Torrington Waterbury</p>	203-792-4515
Multiple Locations	<p>CT Addiction Medicine: Outpatient Opioid Dependence Treatment. Suboxone & Vivitrol Provider. <i>Insurance: Aetna, Anthem, BC/BS, Cigna, Connecticare, Medicaid, Medicare, United HC, Oxford, Value Options, Magellan HC</i></p>	<p>546 Cromwell Ave, Suite 101</p> <p>330 Main Street</p>	<p>Rocky Hill</p> <p>Hartford</p>	<p>860-757-3874</p> <p>860-969-1101</p>
Bridgeport	<p>Recovery Network of programs: 18 different specialty programs providing various levels of individualized care for substance abuse, dual diagnosis, homelessness. Outpatient & residential programs. Detox & methadone maintenance. HIV & Hep C counseling.</p> <p><i>Insurance: Husky A, C & D</i></p>		Bridgeport	<p>Each program has its own #, which can be found on the website:</p> <p>http://www.recovery-programs.org</p>
Danbury	<p>Danbury Hospital: Dual diagnosis out-patient program.</p> <p><i>Insurance: Medicaid (HUSKY), Medicare, most private insurance</i></p>	152 West St	Danbury	203-739-5150
Hartford	<p>Connecticut Community for Addiction Recovery: CCAR "is a centralized resource in CT for all things recovery. Whether contemplating a life in recovery, are new to recovery or are in long term recovery, CCAR helps you to navigate the recovery community, by connecting you with others in recovery and providing access and information about area support services."</p>	198 Wethersfield Ave	Hartford	860-244-2227

Hartford	Intercommunity: Inpatient, outpatient, recovery services. Two levels of out-patient intensity programs. <i>Insurance: Husky, Medicaid, Medicare, private insurance.</i>	16 Coventry St	Hartford	860-714-3704
Kent	Highwatch: Inpatient. Focus is on treating substance abuse, its neurobiology and any co-occurring disorders such as depression, anxiety etc. (dual diagnosis). Transition support. Family education. <i>Insurance: essentially self-pay but will help with out-of-network reimbursement.</i>	62 Carter Rd	Kent	860-927-3772
Litchfield	Greenwoods Counseling: Clinical assessments & referrals for individuals & families suffering from depression, anxiety, family conflict, relationship problems, trauma, bereavement, children's behavioral problems, parenting, substance use and abuse, and many other areas.	25 South St	Litchfield	860-567-4437
Middletown	The Connection: Provides mental health & substance abuse counseling in different region 2 towns. Residential programs, mostly in New Haven area. <i>Insurance: Medicaid (HUSKY), Medicare, & most private insurances</i>		Middletown	855-435-7955 860-343-5500
New Britain	Farrell Treatment Center: Partial Hospitalization / Day Treatment, Residential Long-Term Treatment, and Outpatient. Serves individuals with Mental and Substance Abuse Disorders. <i>Insurance: residential programs: HUSKY D. Outpatient: HUSKY A&D</i>	586 Main Street	New Britain	860-225-4641

New Canaan	<p>Silver Hills Hospital: Treats co-occurring disorders in a psychiatric hospital setting. The program includes education about drug use, 12-Step meetings and relapse prevention strategies to increase the likelihood of continued abstinence. <i>Insurance: Aetna, Blue Cross, Cigna, Conneticare, Manged Health Network, Medicare, Tricare, United Health, Value Options, (YALE ONLY: Magellan & Yale health plans)</i></p>	208 Valley Rd	New Canaan	800-899-4455
New Haven	<p>Cornell Scott Hill Health Center: A comprehensive array of treatment options are available for individuals seeking help for substance abuse issues including both outpatient and inpatient options. Services provided at our various locations include inpatient detox, ambulatory detox, methadone maintenance, Twelve-step education (AA and NA meetings) and individual and group therapy. <i>Insurance: Medicaid & Most private insurance.</i></p>	Multiple Locations	New Haven	203-503-3300
Torrington	<p>Charlotte Hungerford Hospital Opioid Addiction Services: Delia Caruso is the community case manager that works to connect those seeking treatment with available resources. She can do individual assessments in the community and follow-up through detox, etc, as on-going case management. CHH: The Adult Co-occurring Intensive Outpatient Program at Charlotte Hungerford Hospital's substance abuse treatment center provides a confidential, highly structured, intensive intermediate level of care between inpatient and outpatient substance abuse treatment programs for adults. <i>Insurance: Medicare, & Husky (Medicaid) accepted</i></p>	54 Litchfield St	Torrington	860-459-9726
Torrington	<p>Charlotte Hungerford Hosp.– <u>Dual Diagnosis Adolescent Outpatient Program</u> Intensive, highly structured, coordinates with schools etc.</p>	54 Litchfield St	Torrington	860-496-6380

Torrington	Key Recovery: Provides structured sober living for men and women in early recovery from drugs and/or alcohol addiction. <i>Insurance: Husky D</i>	33 Prospect St	Torrington	860-480-6044 http://www.keyrecoveryhomes.com
Torrington	MST-Connecticut Junior Republic: Substance Abuse & mental health assistance provided on a daily basis through an array of residential, education, community and home-based services in 12 locations across Connecticut. Mental health services are also provided through eight Wellness Centers. <i>Insurance: Aetna, Anthem, Cigna, HealthyCT, Oxford, CTCare, Humana, Tricare, United Healthcare, Value Options, Medicaid(Husky)</i>	68 South Main St	Torrington	860-519-9826
Torrington	McCall Center for Behavioral Health: A full range of alcohol-and-other-drug prevention and treatment services that include intervention programs, intensive and traditional outpatient treatment, gender specific groups, trauma treatment, mental health and substance abuse clinical assessment, psychiatric evaluation, treatment and medication management, medication assisted treatment, anger management and intensive inpatient as well as and intermediate residential care and recovery housing. Case management, housing for homeless veterans, and senior outreach. <i>Insurance: Husky A, C & D, Medicare, most private insurance.</i>	58 High St	Torrington	860-496-2100
Torrington	Watkins Network (Central Naugatuck Valley Help, Inc.): Intensive Outpatient, Gender specific Outpatient substance abuse groups, Mental Health Evaluation and Medication Management (if receiving substance abuse services), Anger Management, all services come with weekly Individual Counseling. <i>Insurances: Husky A, Husky D, Husky C, United Healthcare, Oxford, United Behavioral Health, and Connecticare.</i>	21 Prospect St	Torrington	860-482-7242

Waterbury	CNVRAC (Central Naugatuck Valley Regional Action Council): Regional Action Councils are contracted to do prevention program and planning under their Department of Mental Health & Addiction Services contracts. Working with the 12 other Regional Action Councils, service the needs of our communities through education, mobilization, awareness raising and advocacy efforts.	22 Chase River Rd	Waterbury	203-578-4044
Waterbury	Central Naugatuck Valley HELP INC: Rev. Edward M. Dempsey Drug Services. Out-patient program consists of individual, group, and family counseling for people with co-occurring disorders. Individual, group and family counseling. Completion/ Varied treatment length. Residential treatment programs. <i>Insurance: Husky D</i>	900 Watertown Rd	Waterbury	203-756-8984
Waterbury	Waterbury Hospital: Our services include Partial Hospitalization, Intensive Outpatient and Outpatient treatment. <i>Insurance: Medicare, Medicaid (HUSKY) and State Assistance (SAGA).</i>	64 Robbins Ave	Waterbury	203-573-7097

Individual Therapists (Addiction specialists in bold)

Town	Name	Address	Phone	Insurance	Notes
	Jacque Mott LMFT		860-707-5009	Aetna, BC/BS,Cigna, Healthnet, Husky, MHN, Medicaid, Multiplan, Optima, Optum, Oxford, Tricare, Valueoptions, Out of network	EMDR
	Jennifer Thompson LCSW	92 High St. Winsted, CT Sandy Hook, CT	203-232-7711	Aetna, Anthem, BC/BS, Cigna, HealthCT, Husky, Medicare, out of Network	EMDR trained
Avon	Caroline Jestin LCP	Avon, CT 06001	860-214-7321	Aetna, Anthem, Blue Cross, Connecticutcare, Husky, Optum Health, United HC, Sliding scale	EMDR trained, adults/couples/families/Child specialist/ Autism spectrum experience
Burlington	Lauren Johnson, MA LPC Catalyst Counseling of Connecticut	9 Covey Rd, Suite 2AF Burlington, CT 06013	860-259-4441	Husky, Anthem, Self Pay	
Canaan	Janet Downes LCSW	194 Ashley Falls Rd Canaan CT	860-552-2905	Aetna, BC/BS, Husky, Healthyct, Out of network	
Canton	Judy Cabeceiras LMFT	Canton, CT	860-693-1708	APS, Aetna, BC/BS,Cigna, CoMPsych, Healthnet, MHN, HUSKY, Multiplan, Tricare, Out of Network	EMDR Takes Age 14+

Cornwall	Molly Hinchman Ph.D	West Cornwall, CT	860-375-5588	Aetna, Anthem, Oxford, PHCS, Medicare, Multiplan	
Farmington	Anxiety Treatment Center Specializes in cognitive-behavioral for anxiety & related disorders.	6 Forest Park Drive Farmington, CT 06032	860-269-78134		
Lakeville	Randall Dwenger, MD	3 Brook Street Lakeville, CT 06039	860-435-8863	None	Board-certified in Addiction Medicine
Lakeville	Sara Cousins LCSW	24 Sharon Rd Lakeville CT	860-480-8660	Aetna, BC/BS, Husky, Humana, Medicare	
Litchfield	Catherine La Voie APRN	15 Meadow St. Litchfield	860-488-1919	Husky, Medicare	
Sharon	Kenneth Cohen, MD	In Sharon on Fridays	212 580-3433	None	
Torrington	<u>Authentic Recovery, LLC</u> John Simoncelli, LADC Christina Danforth, LPC Sara Heller, LADC, LPC Harry Gerowe, LADC Mike Cazzetta, LADC Tina MacInnis, LADC Ivelisse Soto, LCSW Mary Forman, APRN Scott Giordano, LPC	100 Migeon Ave, Torrington CT 06790 1 Carriage Place Waterbury, CT 06702	860-805-2267	Husky, Anthem BC/BS, HealthyCT, Self-Pay	Individual counseling & med management if receiving counseling service. Addiction Specialists
Torrington	Charlotte Hungerford Behavioral Health Center Individual Doctors & therapists	1061 East Main Street, Torrington, CT 06790	860-489-3391		
Torrington	Oliver Taeb	One Torrington Office Plaza (glass building) Torrington, CT 06790	860-618-5910	Husky, BCBS, Aetna, HealthyCT	Licensed Alcohol and Drug Counselor Licensed Marriage and Family Therapist Individual and Group Counseling

Watertown	Angelo Farenga LPC		860-417-2005	Husky	EMDR/Imago Trained. Couple & Family specialist
Winsted	Christeli Brunner LCSW	92 High St. Winsted, Ct	860-806-1056	Aetna, Anthem, Husky, Medicare	EMDR/Addiction Specialist/military experience
Winsted	Holly Varanelli LCSW	210 Holabird Ave. Winsted, CT	860-485-4386	Anthem, BC/BS, Health CT, Husky, Medicaid, Medicare, Out of Network	EMDR trained. Addiction
Winsted	Hope Payson LCSW LADC	92 High St Winsted, CT	860-830-6439	Aetna, Anthem, Cigna, ConnectiCare, Husky, Medicare, Oxford, Tricare, United HC	EMDR/ Addiction Specialist
Winsted	Judy Lydecker LCSW LADC	92 High St. Winsted, CT	860-485-2559	Aetna, Anthem, BC/BS, Empire BC/BS, Healthnet Fed. Services, Husky A&B, Managed Health Network, Multiplan, Oxford, Out of Network, Tricare, United HC, Wellpoint	EMDR/Addiction Specialist
Winsted	Nicole Mulhall LCSW	Whiting Mills 100 Whiting St. Winsted, CT	203-598-4707	Anthem, BC/BS, CT Care, Cigna Healthy CT, Husky, Medicaid, Optum, Oxford, United HC, ValueOptions	

Adolescent Treatment

Name & Information	Address	Contact
<p style="text-align: center;">Emergency Mobile Psychiatric Services Hot line: Children 0-18. Includes substance abuse crises & referrals</p>		211
<p>MST-Connecticut Junior Republic: Assistance is provided on a daily basis through an array of residential, education, community and home-based services in 12 locations across Connecticut. Mental health services are also provided through eight Wellness Centers. <i>Insurance: Aetna, Anthem, Cigna, HealthyCT, Oxford, CTCare, Humana, Tricare, United Healthcare, Value OPTions, Medicaid (Husky)</i></p>	<p>168 South Main Street Torrington Ct 06790</p>	860-519-9826
<p>Mountainside: Out- patient Adolescent Program. <i>Insurance: Works with Insurance as an out of network provider.</i></p>	<p>187 Canaan RD. (RTE.7) Canaan, CT 06018</p>	1-800-762-5433
<p>Silver Hills Hospital: Treats co-occurring disorders in a psychiatric hospital setting. The program includes education about drug use, 12-Step meetings and relapse prevention strategies to increase the likelihood of continued abstinence.</p>	<p>208 Valley Rd, New Canaan, CT 06840</p>	<p>866-542-4455 203-966-3561</p>
<p style="text-align: center;">Charlotte Hungerford Hosp. – <u>Dual Diagnosis Adolescent Outpatient Program</u> Intensive, highly structured, coordinates with schools etc.</p>	<p>54 Litchfield Street Torrington, CT</p>	860-496-6380

<p>Connecticut Counseling Centers: <u>The Outpatient Treatment Programs</u> are licensed to treat individuals over the age of <u>sixteen</u> wishing to receive substance abuse evaluations, referrals, urine testing and outpatient counseling. The OPT Program specializes in the treatment of all substance abuse problems, including alcohol, pills, crack and cocaine utilizing individual, couples, family and group counseling. These services include: Methadone maintenance programs in Danbury, Norwalk & Waterbury, medical & psychiatric services, Dual Diagnosis programs and other services. Insurance: Husky A, C, D. Some private insurance.</p>	<p>60 Beaver Brook Rd Danbury, CT</p> <p>20 North Main St Norwalk, CT</p> <p>4 Midland Rd. Waterbury, CT</p>	<p>203.743.7574</p> <p>203-838-6508</p> <p>203-755-8874</p>
<p>Waterbury Hospital: 12-18 Years of age Partial Hospitalization, Intensive Out-patient, family therapy. Insurance: Medicare, Medicaid (Title XIX) and State Assistance (SAGA). Husky A can receive transportation.</p>	<p>88 Grandview Ave. Waterbury, CT</p>	<p>(203) 573-7121</p>
<p>Wellmore: Outpatient & residential service for children, adolescents Insurance: HUSKY, most managed cared & private insurances.</p>	<p>Child/adolescent Waterbury, CT</p>	<p>203-756-7287</p>
<p>Western CT Mental Health Services: (DMHAS) Insurance: Husky, Medicare. Most Private Insurance. http://www.ct.gov/dmhas/cwp/view.asp?a=2902&q=577738</p>	<p>Child/Adolescent Waterbury</p>	<p>860-482-2613</p>
<p>Mountainside</p>	<p>Wilton</p>	
<p>Rushford</p>	<p>Durham</p>	

Crisis Lines

Name & Information	Address	Contact
Charlotte Hungerford Hospital	540 Litchfield St Torrington, CT 06790	860-496-6650
Blue Hills Hospital	500 Vine St Hartford, CT	860-297-0999
Department of Children and Families Care Line	62 Commercial Blvd Torrington, CT 06790	860-496-5700
Kid Help Northwest		1-866-543-2774
Parents Anonymous		909-625-6304 http://www.parentsanonymous.org
Poison Control	263 Farmington Ave Farmington, CT 06032	1-800-222-1222
Suicide Hotline		1-800-203-1234
Torrington Police Department	576 Main St Torrington, CT 06790	860-489-2000
National Suicide Crisis Lines Also serving Vets		1-800-273-8255
Wellmore: Mobile Crisis Services for Children, Adults & Families		211
Western-CT Mental Health Services	Danbury Torrington Waterbury	1-888-447-3339
Opioid Crisis Line		1-800-563-4086
For Children Under 18		211

Detox Centers

Name & Information	Address	Town	Contact
<p>Recovery Network of programs: 18 different specialty programs providing various levels of individualized care for substance abuse, dual diagnosis, homelessness. Out-patient & residential programs. Detox & methadone maintenance. HIV & Hep C counseling. <i>Insurance: Husky A, C & D</i></p>		Bridgeport	<p style="text-align: center;">Detox # 203-416-1915</p> <p>Note: Each program has its own #, which can be found on: http://www.recovery-programs.org</p>
<p>First Step Detox (a unit of Recovery Network of Programs) The medically monitored residential detoxification unit is for individuals struggling with addiction. Males and females, age 18 and over with a substance dependence disorder, that need detox from alcohol, opiate and/or <u>benzodiazepines</u>. <i>Insurance: Husky A, C & D</i></p>	425 Grant St	Bridgeport	203-416-1915
<p>Bristol Hospital Inpatient Alcohol/Drug Detoxification. <u>Benzo Detox also.</u> <i>Insurance: Medicaid, Medicare, State financed insurance</i></p>	41 Brewster Rd	Bristol	860-585-3420
<p style="text-align: center;">Bristol Hospital Crisis Line</p>		Bristol	860-585-3421
<p>Mountainside Residential medical & emotional support + 24 hr. nursing care <i>Insurance: Most private insurance as an out of network provider.</i></p>	187 South Canaan Rd	Canaan	800-762-5433
<p>(Midwestern CT Chapter on Alcoholism) MCCA Inpatient Alcohol/Drug Detox, <u>including Benzos.</u> McDonough House. <i>Insurance: Many private insurers, most managed plans. Participates in Ct. General Assistance Behavioral health Program</i></p>	38 Old Ridgebury Road	Danbury	<p style="text-align: center;">203-792-4515 877-874-6222</p>

<p>Blue Hills Substance Abuse Services (DMHAS-Administered): Hospital Inpatient (HI), Residential Short Term (RS), Outpatient (OP), Residential Long Term (RL) <i>Insurance: Medicare, Medicaid (Husky), no private ins.</i></p>	500 Vine Street	Hartford	Intake: 860-293-6415
<p>Intercommunity Recovery Centers: Detox Medically managed inpatient detox. <i>Insurance: Medicaid (Husky), Medicare, private insurance</i></p>	500 Blue Hills Ave 6th floor	Hartford	860-714-3700
<p>CT Valley Hospital - Merritt Hall (DMHAS) - State-operated, addiction services, including alcohol & drug detox. Will accept <u>Benzo detox if part of opiate/alcohol detox.</u> <i>Insurance: Medicaid (HUSKY), Medicare, No private insurance.</i></p>	P.O. Box 351 Middletown, CT 06457	Middletown	800-828-3396
<p>Rushford: Residential and outpatient substance abuse and addiction treatment programs, including all detox, <u>Benzos included,</u> for adult men and women (18+). <i>Insurance: Husky A, C & D, most private insurances.</i></p>		Middletown	877-577-3233
<p>Silver Hills Hospital: In-patient & out-patient detox. (Private insurance does NOT pay for inpatient opiate detox). <i>Insurance: Aetna, Blue Cross, Cigna, Conneticare, Manged Health Network, Medicare, Tricare, United Health, Value Options, (YALE ONLY: Magellan & Yale health plans.</i></p>	208 Valley Rd	New Canaan	800-899-4455
<p>Cornell Scott Hill Health Center: Services provided at various locations include inpatient detox (<u>Benzos too</u>), ambulatory detox,(AA and NA meetings) and individual and group therapy. <i>Insurance: Medicaid & most private insurances.</i></p>	Multiple Locations	New Haven	203-503-3300

<p>Waterbury Hospital: Partial Hospitalization (PHP) Four (4) hours of treatment per day, 5 days per week, 8:00 a.m. – noon, Monday through Friday This program provides outpatient detoxification for alcohol and drugs, including opiates. This is a non-residential, intensive treatment program for adults with addictive disorders. Treatment for dual disorders (mental illness and substance abuse) is available within this program. <i>Insurance: Medicare, Medicaid (HUSKY), SAGA (State Assistance), most commercial insurances</i></p>	<p>64 Robbins Ave</p>	<p>Waterbury</p>	
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Inpatient Addiction Treatment

Name & Information	Address	Town	Contact
<p>Recovery Network of Programs: 8 Residential houses, some dealing with dual diagnosis, plus a DETOX facility. Each facility has its own tel #. <i>Insurance: Husky A, C & D</i></p>		Bridgeport	Detox # 203-416-1915
<p>Mountainside: Residential. Varied treatment programs combine traditional treatments like individual and group therapy with a wide range of innovative, alternative therapies to treat mind, body, and spirit. Emphasis on uncovering and treating underlying medical & psychological issues. <i>Insurance: All private insurance as on Out-of-network provider</i></p>	187 Canaan Rd. (RTE.7)	Canaan	1-800-762-5433
<p>MCCA's McDonough House - Intensive, short-term Adult Residential treatment program. Clients participating in the Intensive Program at McDonough House follow an individualized treatment plan with their primary counselor. Attendance to individual and group therapy sessions are mandatory. <i>Insurance: Husky A & D</i></p>	38 Old Ridgebury Rd	Danbury	203-792-4515
<p>Blue Hills Hospital: (DMHAS) Hospital Inpatient (HI), Residential Short Term (RS) <i>Insurance: Medicaid (HUSKY), Medicare & no private insurance.</i></p>	500 Vine St.	Hartford	860-293-6400
<p>Intercommunity Inpatient, outpatient, recovery services. Two levels of outpatient intensity programs. <i>Insurance: Medicaid (HUSKY), Medicare, private insurance.</i></p>	16 Coventry St.	Hartford	860-714-3704
<p>Highwatch Farm: Inpatient. Focus is on treating substance abuse, its neurobiology and any co-occurring disorders such as depression, anxiety etc. (dual diagnosis). Transition support & aftercare. Family education. Extended Care Charity Program. <i>Insurance: self-pay but will help with out-of-network reimbursement.</i></p>	62 Carter Rd.	Kent	888-493-5368 860-927-3772

<p>MCCA's Trinity Glen - Long term residential program for women who are suffering from chronic addiction. It offers a structured, sober community living experience with an emphasis on helping clients to successfully transition into sober living. <i>Insurance: Husky D</i></p>	62 Kent Cornwall Rd.	Kent	860-672-6689
<p>CT Valley Hospital - Merritt Hall: (DMHAS) , inpatient addiction services. <i>Insurance: Husky, Medicare & no private insurance</i></p>	PO Box 351 Middletown, CT 06457	Middletown	800-828-3396
<p>Farrell Treatment Center: Partial Hospitalization / Day Treatment, Residential Long-Term Treatment, and Outpatient. Serves individuals with Mental and Substance Abuse Disorders. <i>Insurance: residential programs: HUSKY D. Outpatient: HUSKY A&D</i></p>	586 Main Street	New Britain	860-225-4641
<p>Silver Hills Hospital: Treats co-occurring disorders in a psychiatric hospital setting. The program includes education about drug use, 12-Step meetings and relapse prevention strategies to increase the likelihood of continued abstinence. <i>Insurance: Aetna, Blue Cross, Cigna, Conneticare, Manged Health Network, Medicare, Tricare, United Health, Value Options, (YALE ONLY: Magellan & Yale health plans)</i></p>	208 Valley Rd	New Canaan	800-899-4455
<p>The Connection: Provides mental health & substance abuse counseling in different Region 2 towns. In-patient & transitional Residential programs are centered in New Haven. <i>Insurance: Medicaid, Medicare, Husky, & most private insurances</i></p>		New Haven	Help line & Appts (855) 435-7955 Behavioral Health line (860) 343-5500
<p>MCCA'S Trinity Glen - Long term residential program for men who are suffering from chronic addiction. The program offers a therapeutic, structured, sober community living experience geared toward providing the necessary tools for re-entry into society. <i>Insurance: Husky D</i></p>		Sharon	860-672-6680

<p>The Key Recovery Homes are designed for men and women 18 years of age or older in early recovery from drug and/or alcohol addiction who would benefit from additional structured living. <i>Insurance: Husky D</i></p>	33 Prospect St.	Torrington	860-334-6731
<p>McCall Center for Behavioral Health: Intensive inpatient & intermediate residential care and recovery housing. Case management, housing for homeless veterans and senior outreach. <i>Insurance: Husky A, C & D, Medicare, most private insurance.</i></p>	58 High Street	Torrington	860-496-2100
<p>Help Inc.: Rev. Edward M. Dempsey Drug Services. 34 bed, 4 month Residential treatment program. Medication management with co-occurring disorder treatment. <i>Insurance: Husky D</i></p>	900 Watertown Ave.	Waterbury	203-756-8984
<p>Wellmore Behavioral Health has a residential intermediate program for women with addiction who have at least 1 school-age child. Men's 3-mo recovery house. A Short-term therapeutic shelter. Also, Residential treatment for traumatized boys. <i>Insurances: Medicaid (HUSKY), most managed cared & private insurances.</i></p>		Waterbury	Women's #: 203-574-3311 Men's # 203-574-3986 Children's # 203-756-7287

Methadone and Suboxone Providers

Name & Information	Address	Town	Contact
Individual Providers			Go to: http://www.ctsuboxone.com/detox-directory or http://www.suboxone-directory.com/suboxone/doctors/connecticut
New Era Rehabilitation: Intensive out-patient counseling. Suboxone & Methadone maintenance		Bridgeport	203-372-3333
Recovery Network of programs: 18 different specialty programs providing various levels of individualized care for substance abuse, dual diagnosis, homelessness. Out-patient & residential programs. Detox & <u>methadone maintenance</u> . HIV & Hep C counseling. <i>Insurance: Husky A, C & D</i>		Bridgeport	203-614-1915
Mountainside: Residential & out-patient programs utilizing traditional & new approaches to getting & staying sober. There is an emphasis on continuing care & wellness, including family healing. Group & indiv. 6-12 week out-pt, plus recovery monitoring with a case manager. Vivitrol program. Adolescent Program. <i>Insurance: all private insurance as an out-of-network provider.</i>	187 South Canaan Rd.	Canaan Wilton	800-762-5433
Community Substance Abuse Center: Methadone Maintenance. <i>Insurance: Anthem, CTCare, United Health Network, Medicaid (Husky)</i>	55 Fishfry Street	Hartford	860-247-8300

<p>CT Addiction Medicine: Out-Patient Opioid Dependence Treatment. Suboxone & Vivitrol Provider. <i>Insurance: Aetna, Anthem, BC/BS, Cigna, Connecticutare, Medicaid (HUSKY), Medicare, United HC, Oxford, Value Options, Magellan HC</i></p>	<p>546 Cromwell Ave Suite 101 330 Main Street</p>	<p>Rocky Hill Hartford</p>	<p>860-757-3874 860-969-1101</p>
<p>Hartford Dispensary: The facility provides methadone maintenance services to the public. Torrington Health & Recovery Center provides outpatient care. Multiple Locations throughout CT. <i>Insurance: Medicaid (HUSKY), private insurance, and access to recovery voucher are accepted. Sliding scale.</i></p>		<p>Bristol Hartford Manchester New Britain New London Norwich Willimantic Torrington</p>	<p>800-891-9360</p>
<p>Rushford: Rushford’s continuum of care includes outpatient buprenorphine (Suboxone®) treatment for patients experiencing opiate dependency. <i>Insurance: Most managed care & private insurances</i></p>		<p>Cheshire Dayville Glastonbury Groton Mansfield New Britain Vernon</p>	<p>877-577-3233</p>
<p>Farrell Treatment Center: Partial Hospitalization / Day Treatment, Residential Long-Term Treatment, and Outpatient. Serves individuals with Mental and Substance Abuse Disorders. <i>Insurance: residential programs: HUSKY D. Outpatient: HUSKY A&D</i></p>	<p>586 Main Street</p>	<p>New Britain</p>	<p>860-225-4641</p>
<p>Silver Hills Hospital: SUBOXONE & VIVITROL PROGRAMS. <i>Insurance: Aetna, Blue Cross, Cigna, Connecticutare, Manged Health Network, Medicare, Tricare, United Health, Value Options, (YALE ONLY: Magellan & Yale health plans.)</i></p>	<p>208 Valley Rd</p>	<p>New Canaan</p>	<p>800 899-4455</p>

<p>APT Methadone Maintenance: Legion Center</p>	<p>495 Congress Avenue</p>	<p>New Haven</p>	<p>800-891-9360 203-781-4740</p>
<p>Cornell Scott Hill Health Center: A comprehensive array of treatment options are available for individuals seeking help for substance abuse issues including both outpatient and inpatient options. Services provided at our various locations include inpatient detox, ambulatory detox, methadone maintenance, Twelve-step education (AA and NA meetings) and individual and group therapy.</p>	<p>7 locations</p>	<p>New Haven</p>	<p>203-503-3000</p>
<p>New Era Rehabilitation: Intensive out-patient counseling. Ambulatory Chemical Detox. Suboxone & Methadone maintenance</p>	<p>311 East Street</p>	<p>New Haven</p>	<p>203.562.2101</p>
<p>Charlotte Hungerford Hospital <u>Opioid Addiction Services:</u>Treatment of opiate dependence, including Suboxone (Buprenorphine/Naloxone). Both maintenance and detoxification regimens are available. <i>Insurance: Medicare & Medicaid (Husky) accepted</i></p>	<p>54 Litchfield St</p>	<p>Torrington</p>	<p>860-459-9726</p>
<p>McCall Center for Behavioral Health: A full range of alcohol-and-other-drug prevention and treatment services that include intervention programs, intensive and traditional outpatient treatment, gender specific groups, trauma treatment, mental health and substance abuse clinical assessment, psychiatric evaluation, treatment and medication management, <u>medication assisted treatment.</u> <i>Insurance: Husky A, C & D, Medicare, most private insurance.</i></p>	<p>58 High St</p>	<p>Torrington</p>	<p>860-496-2100</p>

<p>Watkins Network (Central Naugatuck Valley Help, Inc.): Intensive Outpatient, Gender specific Outpatient substance abuse groups, Mental Health Evaluation and <u>Medication Management (if receiving substance abuse services)</u>, Anger Management, all services come with weekly Individual Counseling. <i>Insurances: Husky A, Husky D, Husky C, United Healthcare, Oxford, United Behavioral Health, and Connecticutare.</i></p>	<p>21 Prospect St</p>	<p>Torrington</p>	<p>860-482-7242</p>
<p>Waterbury Hospital: Treatment of opiate dependence, including Suboxone (Buprenorphine/Naloxone). Both maintenance and detoxification regimens are available <i>Insurance: Medicare, Medicaid (HUSKY) and State Assistance (SAGA).</i></p>	<p>64 Robbins Ave</p>	<p>Waterbury</p>	<p>203-573-7097</p>

Services for Veterans

Name & Information	Address	Contact
<p style="text-align: center;">NATIONAL SUICIDE CRISIS LINE, ALSO SERVING VETS</p>		<p style="text-align: center;">800-273-8255</p>
<p>John Dempsey Hospital Psychiatry: adults with Serious Mental Illness, Persons with Mental Health and Substance Abuse Disorders, Persons with Post-Traumatic Stress Disorder, Veterans, and Persons with Traumatic Brain Injury. Out-Pt or partial hospitalization. <i>Insurance: Medicaid, Medicare, Client/Patient Fees, Private Health Insurance</i></p>	<p style="text-align: center;">10 Talcott Notch Rd. Farmington, Connecticut</p>	<p style="text-align: center;">860-679-6700</p>
<p>Veterans Affairs - Connecticut Healthcare System is a treatment facility in Newington, Connecticut which specializes in substance abuse services. They provide partial hospitalization / day treatment, hospital inpatient, and intensive outpatient treatment options for those who enroll. Methadone Detox. Children & adolescent Crisis Stabilization. <i>This location accepts several payment methods, including: access to recovery (ATR) voucher and no payment accepted.</i></p>	<p style="text-align: center;">555 Willard Avenue Suite 116-A Newington, Connecticut 06111</p>	<p style="text-align: center;">860-594-6354 860-667-6747</p>
<p>Psychiatric ER (PER) offers comprehensive mental health and substance abuse evaluation, formulates individualized treatment plan, and more.</p>	<p style="text-align: center;">950 Campbell Ave. Bldg. 2, 1st Fl West Haven, CT</p>	<p style="text-align: center;">203-932-5711 ext. 4471/4472</p>

General Mental Health

Name & Information	Address	Town	Contact
<p>Parent WARM Line : A non-crisis parent to parent support.</p>			800-Children
<p>Fatherhood Initiative of CT : a broad-based, multi-agency, statewide program led by the Department of Social Services that is focused on changing the systems that can improve fathers’ ability to be fully and positively involved in the lives of their children.</p>		Bridgeport Hartford New Haven Torrington Waterbury and others	866-628-3237
<p>BH CARE: Out-patient mental health & substance abuse programs, including dual diagnosis. Domestic Violence. Children's mental health services in Derby, CT <i>Insurance: Self Payment, Medicaid, Medicare , State Financed Insurance, Private Health Insurance, Military Insurance (VA, TRICARE) Access To Recovery</i></p>		Branford Ansonia Derby	203-483-2630 203-736-2601 203-954-0543
<p>Danbury Hospital: Offers a variety of outpatient behavioral health services, including individual treatment, group therapy and intensive outpatient programs. Services treat a wide range of psychiatric disorders, including depression, substance abuse, (Dual Diagnosis) mood disorders etc.. <i>Insurance: CT Medicaid, Medicare, most private insurance</i></p>	152 West St	Danbury	203-791-5150
<p>Housatonic Youth Service Bureau: promotes the overall health and wellbeing of children, youth and families living in the Region One area.</p>		Falls Village	860-824-4720
<p>Anxiety Treatment Center Specializes in cognitive-behavioral therapy for anxiety & related disorders.</p>	6 Forest Park Drive	Farmington	860-269-78134
<p>John Dempsey Hospital Psychiatry: adults with Serious Mental Illness, Persons with Mental Health and Substance Abuse Disorders, Persons with Post-Traumatic Stress Disorder, Veterans, and Persons with Traumatic Brain Injury. Out-Pt or partial hospitalization. <i>Insurance: Medicad, Medicare, Client/Patient Fees, Private Health Insurance</i></p>	10 Talcott Notch Rd.	Farmington	860-679-6700

<p>Institute of Living: <i>a division of Hartford Hospital. Children, young adult, adult, geriatric, & family services for mental illnesses. Inpatient & outpatient.</i> <i>Insurance: most insurance & managed care plans in Connecticut</i></p>	200 Retreat Avenue	Hartford	860.545.7200
<p>Greenwoods Counseling Referral Services: We offer clinical assessments and referrals for individuals and families who don't know where to turn when struggling with emotional, behavioral, or psychological stress.</p>	25 South Street	Litchfield	860-567-4437
<p>Silver Hills Hospital: non-profit hospital for the treatment of psychiatric and addictive disorders. Adolescent and adult patients. Both inpatient and extended on-site residential treatment programs. <i>INSURANCE: Aetna, Blue Cross, Cigna, Conneticare, Manged Health Network, Medicare, Tricare, United Health, Value Options, (YALE ONLY: Magellan & Yale health plans.</i></p>	208 Valley Rd	New Canaan	866-542-4455 203-966-3561
<p>Senior Behavioral Health Center: provides inpatient hospitalization services for adults 55 and older who are experiencing acute psychiatric problems. Dementia patients accepted. <i>Insurance: Medicaid, 'straight' medicare, most managed medicare, most private insurance</i></p>	Sharon Hospital 50 Hospital Hill Rd.	Sharon	860-364-4288
<p>Women's Support Services: Our mission is to create a community free of domestic violence and abuse through intervention, prevention and education. We offer free, confidential, client-centered services focused on safety, support advocacy and community outreach.</p>	158 Gay Street	Sharon	860-364-1900
<p>All About You Home Care Services: A Seasoned Behavioral Health team provides visiting nurse services to you in your home to assist with Medication management, education and support. We also have seasoned medical nurses, PT, OT, speech and respiratory therapists.</p>		Torrington Naugatuck East Haven	866-229-2427
<p>Authentic Recovery, LLC: Private Practice Group <i>Insurance: HUSKY, Anthem, & HealthyCT.</i></p>	100 Migeon Ave 1 Carriage Place	Torrington Waterbury	860-805-2267

Catholic Family Services: Outpatient or partial hospitalization mental health facility.	132 Grove Street	Torrington	860-482-5558
Charlotte Hungerford Behavioral Health Center: Outpatient psychotherapy, Psychiatric evaluation and medication management, Specialty individual and group therapies	540 Litchfield Street	Torrington	860-496-6350
Charlotte Hungerford Center for Youth and Families : Child Advocacy Center and professional mental health service that assists children, adolescents and their families with emotional, behavioral, developmental, and family difficulties.	1061 East Main Street	Torrington	860-489-3391
Christian Counseling Connection	42 Church Street	Torrington	860-626-1112
Family & Children's Aid (FCA) is a child-focused 501(c)[3] not-for-profit organization offering high quality, innovative mental health care for children and their families.	387 Litchfield St	Torrington	860-482-6085
McCall Center for Behavioral Health: Comprehensive, integrated substance abuse & mental health treatment. Out-Pt clinic also treats anxiety & depression and co-occurring disorders with SA.	58 High Street	Torrington	860-496-2100
MST-Connecticut Junior Republic: Assistance is provided on a daily basis through an array of residential, education, community and home-based services in 12 locations across Connecticut. Mental health services are also provided through eight Wellness Centers.	168 South Main Street	Torrington	860-519-9826
Northwest Center for Family Service and Mental Health : CMHA Individual, Group & Family, Medical, Psychotherapy - Counseling	100 Commercial Blvd	Torrington	860-482-8561
Prime Time House, Inc. Clubhouse model for helping people with serious mental illness return to independence & productivity	836 Main Street	Torrington	860-482-3636
Susan B. Anthony: provides crisis and support services for victims of domestic violence and sexual assault.	179 Water Street	Torrington	860-482-7133

<p>Torrington Youth Service Bureau: Develop and implement educational/social activities that prevent delinquency and strengthen families.</p>	8 Church Street	Torrington	860-496-0356
<p>United Way: Helping People in Northwest Connecticut Care for One Another</p>	33 Kennedy Drive	Torrington	860-489-4131
<p>Western Connecticut Mental Health Network-Torrington Area (DMHAS): Access Center - an information and referral source for individuals with psychiatric and related substance issues. Crisis Hotline -Assessment and support is offered to individuals contacting the Access Center Hotline regarding potential crisis situations.</p>	249 Winsted Road	Torrington	Main #: 860-496-3700 Access Center: 860-482-1560
<p>Families in Crisis: supports families whose lives and relationships have been disrupted when a family member enters the criminal justice system.</p>	232 North Elm Street #2	Waterbury	203-573-8656
<p>Wellmore Inc. Out-Pt & residential help for children & adults</p>	70 Pine Street,	Waterbury	203-756-7287
<p>Winchester Youth Service Bureau: Counseling and Case Management Services. Free, short term counseling for children and their families in 6 town area.</p>	480 Main Street	Winsted	860-379-0708

Charlotte Hungerford Departments

Name	Address	Contact
CHH- Emergency Medical Services (Torrington)	540 Litchfield Street Torrington, CT 06790	860-496-6650
CHH Emergency & Medical Care (Winsted)	115 Spencer Street Winsted, CT 06098	860-738-660
CHH Youth and Families	1061 East Main Street Torrington, CT 06790	860-489-3391
CHH Behavioral Health Services	540 Litchfield Street Torrington, CT 06790	860-496-6350
CHH Partial Hospital Program	540 Litchfield Street Torrington, CT 06790	860-496-6380
CHH Homeless Outreach Team (H.O.T)	540 Litchfield Street Torrington, CT 06790	860-496-6350
CHH Mental Health Services to the Homeless Program	540 Litchfield Street Torrington, CT 06790	860-496-6350
CHH Support Groups & Suicide Hotline		888-784-2433

Advocacy

Name & Information	Address	Contact
AARP (American Association of Retired Persons)		1-800-OUR-AARP 1- 800-687-2277
CT Association for Human Services		860-951-2212
CT Coalition to End Homelessness		860-721-7876
CT Early Childhood Alliance: Committed to improving development outcomes in learning, health, safety, and economic security for children. Age’s birth to 8 yrs. of age.	110 Bartholomew Ave. Suite 4030 Hartford CT 06106	860-819-3647 www.earlychildhoodalliance.com
CT Office of the Child Advocate: Oversees the protection and care of CT vulnerable and youngest citizens and advocates for their wellbeing.	99 Asylum Street, 1st Floor Hartford CT, 06105	860-566-2106
CT Office of Protection & Advocacy	60 B Weston Street Hartford CT 06120	860-297-4300
CT Parent Advocacy Center (CPAC): CPAC offers information and support to families of children with any disability or chronic illness, age birth to age 26.	338 Main Street Niantic, CT 06357	860-739-3089
CT Parent Power	1010 Bartholomew Avenue Hartford, CT 06106	203-654-7958
CT Union Disability Action Groups	151 New Park Avenue Hartford CT 06106	860-257-4371 Voice/TTY 860-571-7235
CT Women’s Education and Legal Fund: Statewide nonprofit organization; provides info, referrals and advocacy for women.	75 Charter Oak Avenue, Suite #1-300 Hartford CT 06106	860-524-0601
Children’s Law Center of CT	30 Arbor Street, Hartford CT 06106	860-232-9993

FAVOR: Statewide Family Advocacy	2138 Silas Deane Highway Rocky Hill, CT 06067	860-563-3232
La via Latina: NW Corner's Latino Community Outreach Organization (all ages). Promotes healthy and successful lifestyle for the Hispanic population.	836 Main Street Torrington, CT 06790	860-944-3394
Legal Aid	Multiple locations state wide.	800-453-3320
Mental Health Association of CT, Inc.	20-30 Beaver Road Wethersfield, CT 06109	860-496-7670
Office of Civil Rights		800-308-1019
Office of Victims Advocate	506 Hudson Street Hartford, CT 06106	888-771-3126
Torrington Early Childhood Collaborative: Empowering families to create healthy outcomes for their children. Focuses on health, education & family supports in Torrington.	P.O. Box 854 Torrington, CT 09790	860-806-1410
United Way of Torrington	PO Box 1001 Torrington, CT 06790	860-489-4131
Elder Protection Services		888-385-4225

Legal Services

Name & Information	Address	Contact
CT Legal Services – Statewide		800-453-3320 Local: 800-233-7619
CT Legal Rights Project (CLRP)		860-262-5030
CT Women’s Education Legal fund		800-479-2949
Juvenile Court Torrington	410 Winsted Road Torrington, CT 06790	860-489-0201
Litchfield Superior Court	15 West Street Litchfield CT 06759	860-567-0855 http://www.town-court.com/getTownCourt.php
Torrington Probate Court	140 Main Street Torrington, CT 06790	860-489-2215
Winsted Probate Court	338 Main Street Winsted CT 06098	860-379-5576
CT Coalition against Domestic Violence	90 Pitkin Street East Hartford CT	860-281-1481 860-282-7899
CT Council on Problem Gambling	16 West Main Street Clinton, CT 06413	888-789-7777 860-664-3996
CT Legal Services- For denial of state or federal benefits, eviction	Statewide	800-413-7797 http://www.connlegalservices.org

Child Care

Name & Information	Address	Contact
Brooker Memorial Early Learning and Child Care Center	157 Litchfield Street Torrington, CT 06790	860-489-5437 www.Brookermemorial.org
Dental Care Contact		860-489-1328
KinderCare	1260 Winsted Road Torrington, CT 06790	860-496-8687 http://www.kindercare.com
Education Connection Head Start:PT/FT pre-school with health educational & parent components	57 Forest Court Torrington CT 06790	860-482-5286
Future Foundations: Full Day childcare age 5- school age, before/after school hours.	21 Fern Drive Torrington, CT 06790	860-489-7222
Happy Days Home Care, Inc:Birth to age 5	31 Tara Drive Torrington, CT 06790	860-496-9105
Hilltop Nursery School	837 Charles Street Torrington, CT 06790	860-482-3727
Torrington Child Care Center: NAEYC Accredited full day care age 3-5 school readiness program	338 Kennedy Drive Torrington, CT 06790	860-482-2621
Torrington High School Pre-School Lab: Age 3-5	Major Besse Drive Torrington, CT	860-489-2294 Ext. 4126.
Torrington Preschool Center: Private State LIC age 3-5.	46 Evans Street Torrington, CT 06790	860-496-8677
YMCA Child Care Center	259 Prospect Street Torrington CT 06790	860-489-3133

Basic Needs

Name & Information	Address	Contact
Energy Assistance: CL&P. Winter shut off protection and helps with payment plans	PO Box 270 Hartford CT	800-989-0900
NU Start of CL&P		800-286-5844
Torrington Chapter of FISH, Inc	332 South Main Street Torrington, CT 06790	860-496-1648
Sharon Social Services		860-364-1003
Yankee Gas		800-989-0900
New Opportunities/CEAP/CHAP: Heating/electrical assistance, eviction prevention	Migeon Avenue Torrington, CT 06790	860-496-0309 http://www.newoppinc.org
Center Congregational Church	155 Main Street Torrington, CT 06790	860-489-8301
Care 4 Kids: Care for low income to moderate income families in CT to pay for child care costs Sponsor: CT State DSS www.ctcare4kids.com	1344 Silas Deane Highway Rocky Hill, CT 06067	800-214-5437
Department of Children and Families (DCF)	62 Commercial Boulevard Torrington, CT 06790	860-496-5700
Food Stamps (SNAP)	62 Commercial Boulevard, Suite #1 Torrington, CT 06790	860-496-6900
Hartford DSS	25 Sigourney Street Hartford CT 06106	877-284-8759
HUSKY Help Line		800-434-7869
HUSKY INFOLINE		877-284-8759
Social Security Administration Office	147 Litchfield Street Torrington, CT 06790	877-405-0486
Veterans Service Office	33 Coe Place – Fuessenich Park Torrington, CT 06790	860-489-2531

Birth Certificates	Clerk's Office - Torrington City Hall 130 Main Street	860-482-2236
Comprehensive Pain Management of Central CT	Avon Bristol Plainville, Southington	860-793-0500 for all offices
Goodwill Industries Thrift Shop	1849 East Main Street Torrington CT 06790	860-489-8670
Salvation Army: Emergency assistance food shelter clothing also counseling and worship available.	234 Oak Avenue Torrington, CT 06790	860-482-3569
Salvation Army Thrift Store	57 Main Street Torrington CT 06790	860-489-7170
St. Francis Thrift Store	30 Prospect Street Torrington, CT 06790.	860-496-4177
Warm the Children Fund: Provides winter clothing for children		860-489-3121
Community Health & Wellness Center	469 Migeon Ave Torrington CT	860-489-0391
Children's Brooker Memorial Dental Center	157 Litchfield Street Torrington, CT	860-489-1328
CT Dental Partnership		866-420-2924