

## Example of a Logic Model Report Form

This sample is for illustration only.

**Goal/Purpose of the project:** To reduce the incidence of obesity among youth.

**Assumption (Why this project will help accomplish the goal stated above):** Youth participating in a *comprehensive* fitness and nutrition program will reduce their risk factors for becoming obese.

**Objective:** To develop, conduct, and evaluate an obesity prevention program targeting 6<sup>th</sup> grade youth and their families which promotes good nutrition, increased physical activity and heightens self-esteem.

ACTIVITIES	OUTPUTS (Process Outcome Targets)	Progress on Outputs (reflects progress on Activities)	OUTCOMES (Predicted Program Goals)	Progress toward Outcomes
<ul style="list-style-type: none"> <li>• Hire project staff (due date)</li> <li>• Development of a comprehensive fitness and nutrition program (due date)</li> <li>• Development of a screening protocol for all 6<sup>th</sup> grade youth (due date)</li> <li>• Develop parent education component (due date)</li> <li>• Enroll selected youth in project (due date)</li> </ul>	<ul style="list-style-type: none"> <li>• 75 children will be screened</li> <li>• 35 children will be enrolled in nutrition and fitness program</li> <li>• 30 children will complete the program</li> <li>• 20 parents will receive education on nutrition and fitness</li> </ul>	<ul style="list-style-type: none"> <li>• 65 children were screened. Ten parents denied consent for their participation</li> <li>• 35 children were enrolled in the nutrition and fitness program</li> <li>• The program is currently underway (although it started a month later than expected.</li> <li>• The parent education session is currently being planned and is anticipated to take place in June.</li> </ul>	<ul style="list-style-type: none"> <li>• Improvement in BMI measurements for program participants</li> <li>• Improvements in participants' eating habits</li> <li>• Improvements in the amount of weekly time participants engage in physical activity</li> <li>• Improvements in participants' self esteem measures</li> </ul>	<ul style="list-style-type: none"> <li>• Baseline BMI were recorded during screenings</li> <li>• Participants in the class have begun to keep a journal of daily foods eaten and a log of fitness activities</li> <li>• Participants completed a self-assessment tool (includes a self-esteem component) at the beginning of the program. They will complete this tool at the mid-point of the program and at six months after completing the program.</li> </ul>