

NAMI Basics Education Program

The Foundation for Community Health, HYSB and the National Alliance on Mental Illness (NAMI) will offer a free, six-session program designed for parents and other family caregivers of children and adolescents with emotional and behavioral difficulties.

This NAMI Basics training will help parents and other family caregivers of children to understand the illnesses that are causing behavioral difficulties,

and the critical role families play in the treatment of those illnesses.

The program is taught by trained teachers who are also the parents or family caregivers of individuals who experienced emotional or behavioral difficulties.

HYSB will host this NAMI Basics Education Program beginning on March 7. It will be held on Tuesdays from 6 to 8:30 p.m. Register through NAMI by contacting Brenda at 203-725-0062 or 860-938-9243.